GRANDPARENTS DAY
On Wednesday 28th October we will be celebrating Grandparents Day. All Grandparents and parents are invited to come along and spend the morning with their grandchildren. The morning activities will kick off at 10:10am when teachers will open their classrooms for all Grandparents to experience learning in 2015. The children will be able to show off their technology skills. This will be followed by a dancing exhibition and everyone will be invited to join in. The morning will finish with a combined morning tea at 11:10 in the lunch area.

It would be great if every family could bring along a plate of food to share for the morning tea. The school will provide tea and coffee. We hope to see as many grandparents and parents as possible on the day.

CHOCOLATE SALES
Could all money from chocolate sales be returned to school as soon as possible. Thank you to everyone for a wonderful effort with this fundraising. The final cost for the excursion is now $500.

REMINDER YEAR 4/5/6 EXCURSION PAYMENTS
Just a reminder that the Year 4/5/6 Sydney Excursion payments are due on or before Friday 30th October. If you are unable to meet this deadline please see Mrs Eather or Mrs Groth.

JUNIOR EXCURSION
While the seniors are away in Sydney the Junior students will be having some fun as well. Kinder to year 3 will be travelling to the Big Banana in Coffs Harbour to enjoy some of the great activities on offer. The details of this excursion are still being finalised but the date is set for Friday 20th November.

STUDENTS OF THE WEEK
Congratulations to the following students who received certificates at our assembly. Ashley Hamel—Wonderful spelling skills; Isabella Kemp—Wonderful spelling skills; Dana Collingburn—Great attitude towards classroom; Lily Jackson—Citizenship Award; Cody Hamel—Descriptive, informative news presentation; Riley Anderson—Excellent reading; Tahlia Rooks—Welcome to Harwood; Ryan Kemp—Great music; Laura Develder—Being a responsible class member. Well done!

SPECIAL SWIMMING SCHEME
Every year the whole school participates in the Special Swimming Scheme. This is a two week intensive set of lessons where every level of swimmer is catered for. Our beginners and weaker swimmers have AustSwim trained teachers to instruct them and our more competent swimmers participate in a Swim Survival Course developed and run by our teachers. This year the The Australian Government offered Grants for schools to run sporting programs called Sporting Schools. We were successful in our application and therefore we can offer the swimming program to everyone at NO COST!

I am sure this will be a big help to everyone as we approach Christmas and the holiday season.

SURFING THE COLD-STREAM FESTIVAL
The music festival is on this Saturday, 17th October and the kids of H.I.P.S. are invited to sing! Ryan Enns has been teaching the kids 4 fun and simple songs for them to sing along with kids from 4 other schools as part of the community showcase. Remember, there is no
Woodford Island Warriors Cricket Club are looking for players Under 12 - U16 boys and girls up to join their club. For details and sign up dates contact Brooke 0400 481 942 or Jayne 6645 4424

TERM 4 BEGINNERS YOGA WITH KIRRA @Velocity Physio Ashby

WEDNESDAYS: 7th OCT – 25th NOV 5.00pm – 6.00pm FRIDAYS: 9th OCT – 27th NOV 10.00-11.00am

ORDER CHRISTMAS CHILD
A big thank you to the children and their families who donated items for the 13 boxes that were put together by the children that attend SRE classes. These boxes have now been sent to the Samaritans Purse distribution centre in Sydney, where they will join many more boxes and be flown to reach their destination country before Christmas.

Limit Screen time to Two hours

- 40% of children aged 5 - 12 years watch an average of two or more hours of television or videos a day. This does not include time on other kinds of screens.
- Studies have shown that we use less energy watching TV than just sitting still.
- TV influences the food choice of kids - Australia has a high rate of food advertising during children’s viewing hours.
- TV replaces time a child can be active and enjoy the Great Outdoors.
- There is an association between TV watching and being overweight.

COMMUNITY NEWS